

Infinite Yoga Ashtanga Vinyasa Yoga Chants **Closing Chant (Mangala Mantra)**

svasti prajàbhyah paripàla yantam nyàyena màrgena mahim mahishaha gobràhmanebhyaha shubhamastu nityam lokà samastà sukhino bhavantu



shànti shànti shàntihi



May all be well with mankind. May the leaders of the earth protect in every way by keeping to the right path.

May there be goodness for those who know the earth to be sacred. May all being everywhere be happy and free.

Mangala Mantra (Rig Veda)